

PrimeLife is a great way to get more out of life! Social activities, fitness programs and health-related discounts are ways that PrimeLife rewards seniority. If you have a zest for living, Murray-Calloway County Hospital's PrimeLife seniors program is your ticket to healthy, happy living.

Free & Discounted Health Services

PrimeLife offers significant discounts on many hospital services. Here are some of the important ways you can really benefit from your PrimeLife membership.

- Private room at semi-private rate (limit 5 days per calendar year and subject to availability)
- Free health screenings
- Discounted membership at the Center for Health & Wellness
- Fit for Life classes free of charge
- Hospital HomeCare complimentary assessment visit
- Two free visits to Shared Care
- Discount on housecleaning services
- \$2 (reflects \$8 discount) tuition for 55 Alive driving class
- 10% discount at MCCH Pic-a-dilly gift shop
- 10% discount at Medical Arts Pharmacy for prescription items only
- Free notary services
- 15% evening/weekend MCCH cafeteria discount
- Exercise and education
- Planned social outings and travel opportunities

PrimeLife offers you the chance to take advantage of travel for day trips, weekend excursions and group tours. Destinations will be determined based on your suggestions, and opportunities with other travel groups.

You will also enjoy exercising in the state-of-the-art Center for Health & Wellness at MCCH and being a PrimeLife member entitles you to join and use the Center for Health & Wellness at discounted prices.

PrimeLife members will also receive a free membership card that enables you to take advantage of PrimeLife discounts and special events. Also, you will receive PrimeLife Connections, our informative newsletter, three times per year.

To become a member or to learn more about this exciting program, contact Ethelyn Loberger, PrimeLife Coordinator at 767-2190.